

# JANUARY 10

## Scripture Reading

*Daniel 9:3-4*

3 So I turned to the Lord God and pleaded with him in prayer and fasting. I also wore rough burlap and sprinkled myself with ashes.

4 I prayed to the Lord my God and confessed: "O Lord, you are a great and awesome God! You always fulfill your covenant and keep your promises of unfailing love to those who love you and obey your commands.

## Today's Focus: Praise

In the Book of Daniel, Chapter 9, Daniel is praying for his country, which is caught in sin and rebellion and needing the mercy of God.

Daniel begins with praise. Praise before confession, praise before asking for anything because God is worthy.

We should always come to His throne with praise and thanksgiving before we petition.

## Prayer

Lord Jesus, You alone are worthy of glory, praise and honor! Thank You for another day to worship Your holy Name. Thank you for the mercies afforded me when I open my eyes every morning. I praise You for breath, for strength, for my right mind, and especially for Your presence in my life. My desire is to please You, to bring glory to Your Name so that others would see You in me. I praise You for Your mighty acts, I praise You according to Your excellent greatness! While I live I will praise You, Lord. In Jesus' name, Amen.

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# JANUARY 11

## Scripture Reading

*Daniel 9:5*

5 But we have sinned and done wrong. We have rebelled against you and scorned your commands and regulations.

## Today's Focus: Confession

Daniel goes from praise immediately into confession for his country. He is blunt as he proclaims, “We have sinned.” He confesses their:

Iniquity  
Wickedness  
Rebellion  
Ignoring of the prophets  
Ignoring of the Voice of God

## Prayer

Thank you Savior Jesus, Lord of All, You alone are worthy of praise! I humble myself before You today and confess my sins, shortcomings and failures. You know all about me. You formed me in the womb, and yet I realize my need to express my wrongdoing. I was born in sin, shaped in iniquity, but because of the cross, I can admit my transgressions and bring them to You, knowing You hear and have compassion on me. I surrender in repentance and turn to You, my Rock and Redeemer. Amen.

Confession doesn't surprise God! He already knows everything about us. Confession helps us realize who WE are and our need for change.

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# JANUARY 12

## Scripture Reading

*Daniel 9:17-19*

17 “O our God, hear your servant’s prayer! Listen as I plead. For your own sake, Lord, smile again on your desolate sanctuary.

18 “O my God, lean down and listen to me. Open your eyes and see our despair. See how your city—the city that bears your name—lies in ruins. We make this plea, not because we deserve help, but because of your mercy.

19 “O Lord, hear. O Lord, forgive. O Lord, listen and act! For your own sake, do not delay, O my God, for your people and your city bear your name.”

## Today's Focus: Forgiveness

Daniel continued to petition his God in the ninth chapter of the book bearing his name. Next, he asked for forgiveness and gets specific with his request for pardon and intervention.

He asked for God to:

Hear his prayer  
See their extreme desolation  
Extend mercy  
Forgive them of their sins

## Prayer

Father, I seek Your forgiveness today and ask for mercy that You are so free to hand out. Without Your involvement in my life, where would I be? Please forgive my judgmental disposition, my lackadaisical attitude, and anything that would hinder Your work in my life. As I fast and pray the next few weeks, let the forgiveness You've extended to me cause me to be merciful to others. May I not forget the price You paid so I could come boldly before the throne of Grace and receive forgiveness of sins. If I have offended or hurt anyone, please help me to ask forgiveness and restoration. In Jesus name, I pray. Amen.

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# JANUARY 13

## Scripture Reading

*Daniel 1:11-14*

11 Daniel spoke with the attendant who had been appointed by the chief of staff to look after Daniel, Hananiah, Mishael, and Azariah.

12 “Please test us for ten days on a diet of vegetables and water,” Daniel said.

13 “At the end of the ten days, see how we look compared to the other young men who are eating the king’s food. Then make your decision in light of what you see.”

14 The attendant agreed to Daniel’s suggestion and tested them for ten days.

## Today's Focus: Sacrifice

By now you are growing a little more accustomed to your fasting schedule, but it's not the time to let up or be at ease! We must deny ourselves other things that normally occupy our time and use that time to spend with God every day in prayer and the Word; that is where we get our strength!

## Prayer

Thank you, Jesus, that I am able to fast and pray today. Thank you for the examples in Your Word of the countless number of people of God that also fasted and prayed and were able to see their prayers answered according to Your will. Lord, I am bombarded with distractions, please help me to push things aside so this isn't a diet but a sacrifice of my habits and routines. There is power in prayer and when I also deny myself and concentrate on time spent with You, I can be changed and renewed in spirit, mind and physical body. For this I am thankful and give You alone the praise. In Your Holy Name, Amen.

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# JANUARY 14

## Scripture Reading

*Daniel 10:1-3*

1 In the third year of the reign of King Cyrus of Persia, Daniel (also known as Belteshazzar) had another vision. He understood that the vision concerned events certain to happen in the future—times of war and great hardship.

2 When this vision came to me, I, Daniel, had been in mourning for three whole weeks.

3 All that time I had eaten no rich food. No meat or wine crossed my lips, and I used no fragrant lotions until those three weeks had passed.

## Today's Focus: Fire & Desire

There is no better time than a prolonged fast to draw closer to your God. It is ample opportunity to ask Him to renew fire and desire in your heart and life. The more you spend time with Him, the more you will WANT to spend time with Him. Make your prayer one that asks God to give you desire to be in His presence and fire so others can see you have been with the Almighty, and they may come to know Him.

## Prayer

Dear Jesus, I need to be revived in spirit and mind. I want the desire that I have for food, for worldly amusement and entertainment and other things to be replaced with a hunger to know You as never before.

Light a fire in me that will be so bright that others cannot help but notice there is something different about me; not for my righteousness but for Your glory alone, that they may come to know You. It's not about me, Lord, I was made to praise You and to point others in Your direction. Use me today, according to Your will, Amen.

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# JANUARY 15

## Scripture Reading

*Daniel 10:4-7*

4 And in the four and twentieth day as I was standing on the bank of the great Tigris River,

5 I looked up and saw a man dressed in linen clothing, with a belt of pure gold around his waist.

6 His body looked like a precious gem. His face flashed like lightning, and his eyes flamed like torches. His arms and feet shone like polished bronze, and his voice roared like a vast multitude of people.

7 Only I, Daniel, saw this vision. The men with me saw nothing, but they were suddenly terrified and ran away to hide.

## Today's Focus: Unbelief

If you struggle with unbelief, whatever the reason, fasting will loose faith in its place! Unbelief can hinder the work that God is trying to accomplish in your life. Ask Him to replace that doubt with confidence in His Word that you may walk boldly in the knowledge that He is always with you.

## Prayer

Lord Jesus, I thank You and praise You that You are ever with me. Even though Your Word declares Your faithfulness and mercy to me, I am human and still am subject to doubt and unbelief. As the apostle Thomas declared, "Lord, I believe, help my unbelief!" Help me to realize that fasting and prayer will remove doubt and replace it with hope in You alone. Then I may go about my day, every day, knowing that the God of the universe, the Creator of the world, is on my side, is beside me and forever encouraging me to be more like You that others may also believe. In the powerful Name of Jesus, Amen.

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# JANUARY 16

## Scripture Reading

*Daniel 10:8-11*

8 So I was left there all alone to see this amazing vision. My strength left me, my face grew deathly pale, and I felt very weak. 9 Then I heard the man speak, and when I heard the sound of his voice, I fainted and lay there with my face to the ground.

10 Just then a hand touched me and lifted me, still trembling, to my hands and knees.

11 And the man said to me, “Daniel, you are very precious to God, so listen carefully to what I have to say to you. Stand up, for I have been sent to you.” When he said this to me, I stood up, still trembling.

## Today's Focus: Patience & Endurance

You are ending the first week of your three weeks of prayers for the Daniel Fast; you have displayed determination and commitment! Today, ask God for patience and endurance to continue, to finish the “race” and push on every day, even when it is just plain difficult. He will answer that prayer.

## Prayer

Thank You, God, for helping me through the first week of the fast, You are my reason for living. My desire is to know You. Help me today and the next two weeks of the fast to endure because Your Word tells me that perseverance produces character and character produces hope. Hope never disappoints us because You have poured out Your love into our hearts through the Holy Spirit. (Romans 5:4, 5) Thank You for patience. Lord, it is not in my nature to be patient. Your Word and Your presence encourage me that all things are in Your time. Your timing is always perfect, but it is rarely what I think it should be. Help me to trust You. I know You are for me. In Jesus' Name, Amen.

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# JANUARY 17

## Scripture Reading

*Daniel 10:12-15*

12 Then he said, “Don’t be afraid, Daniel. Since the first day you began to pray for understanding and to humble yourself before your God, your request has been heard in heaven. I have come in answer to your prayer.

13 But for twenty-one days the spirit prince of the kingdom of Persia blocked my way. Then Michael, one of the archangels, came to help me, and I left him there with the spirit prince of the kingdom of Persia.

14 Now I am here to explain what will happen to your people in the future, for this vision concerns a time yet to come.”

15 While he was speaking to me, I looked down at the ground, unable to say a word.

## Today's Focus: Idols

Beginning your second week of prayers for the Daniel Fast, ask God to reveal areas in your life that need to be pruned and weeded out. Are you harboring idols that you don't even realize have impacted your walk with God? Sure, you aren't bowing before a golden statue every day but what about things that take up too much of your time? Pray for those things to be replaced by love for the things of God.

## Prayer

Jesus, You are my strength, my song, my salvation! Help me today to see things in my life that have become idols, even those I am not aware of. Reveal things that consume my time, fight for my attention, and are time wasting distractions. Help me recognize the stumbling blocks the enemy may put in my way, hoping I may trip and fall. Your Word says when I fall, I shall arise! I put my hope in You alone to help me replace those distractions with spiritually life-giving truths. May I fill my home, my heart and my mind with the good things of God that I may be continually reminded of all the blessings I am missing when I choose things over You. Amen.

## NOTES

# JANUARY 18

## Scripture Reading

*Daniel 10:16-19*

16 Then the one who looked like a man touched my lips, and I opened my mouth and began to speak. I said to the one standing in front of me, “I am filled with anguish because of the vision I have seen, my lord, and I am very weak.

17 How can someone like me, your servant, talk to you, my lord? My strength is gone, and I can hardly breathe.”

18 Then the one who looked like a man touched me again, and I felt my strength returning.

19 “Don’t be afraid,” he said, “for you are very precious to God. Peace! Be encouraged! Be strong!” As he spoke these words to me, I suddenly felt stronger and said to him, “Please speak to me, my lord, for you have strengthened me.”

## Today's Focus: Renew & Restore

There are many benefits to fasting but the bottom line is that it empties us of ourselves and points our weary souls to Christ. He alone is able to heal, restore, renew and refresh us in His Spirit, and yet, there are some things that we may not see God do right away. Trust Him today to know what is best for you and believe Him for every big and little thing.

## Prayer

Thank You, Father, for the declaration in Your Word that fasting and prayer go together. If I am not spending time with You, it is just another healthy way of eating. I need healing in my body, in my mind, in my spirit. Please refresh, renew, and restore me as I humble myself in Your presence. I can do all things through Christ who strengthens me! This is where I gain strength to continue on with the fast; through worship and prayer. Lord, I trust You with all my heart and lean not on my own understanding. In all of my ways I submit myself to You, knowing You alone will make my paths straight.

Amen.

## NOTES

# JANUARY 19

## Scripture Reading

*Deuteronomy 28:1-6*

- 1 If you fully obey the Lord your God and carefully keep all his commands that I am giving you today, the Lord your God will set you high above all the nations of the world.
- 2 You will experience all these blessings if you obey the Lord your God:
- 3 Your towns and your fields will be blessed.
- 4 Your children and your crops will be blessed. The offspring of your herds and flocks will be blessed.
- 5 Your fruit baskets and breadboards will be blessed.
- 6 Wherever you go and whatever you do, you will be blessed.

## Today's Focus: Obedience

Obedience is difficult at times and yet necessary in all things of God. The Lord promises us great benefits if we obey! Deuteronomy 28 declares all these blessings will come upon you if you obey His voice. Ask God to help you to be obedient, take away any stubbornness and rebellion, and replace it with humble obedience.

## Prayer

Jesus, thank You for showing me things in my life I need to work on, things that may be hidden in my heart and so much a part of my nature that I don't even realize how they have inhibited me from being all I can be in Christ. Help me to be humbly obedient, knowing that blessings flow in the life of the child of God who can readily submit to You being Lord of their life. Your Word declares I will be blessed in the city, I will be blessed in the field. My children and all that I consider mine will be blessed. Wherever I go and whatever I do will be blessed by the Lord Most High if I keep my eyes on You and let You be Lord in my life. I am forever thankful! Amen.

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# JANUARY 20

## Scripture Reading

*Romans 5:8-9*

8 But God showed his great love for us by sending Christ to die for us while we were still sinners.

9 And since we have been made right in God's sight by the blood of Christ, he will certainly save us from God's condemnation.

## Today's Focus: Relationship

It's not religion; it's relationship! Do you really know God or do you just know about Him? Another version of the Bible says it this way: "But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us." Romans 5:8.

Communication with God, including a listening ear, is the best way to develop that most necessary relationship. It's a two-way street. We communicate with Him, and He communicates with us. He loves us so much that He paid the ultimate price so we could be in relationship with Him and have salvation through Him!

## Prayer

I'm so very thankful, precious Lord, to be able to have a relationship with the King of Kings, the Lord of Lords! You alone are worthy to be praised, high and lifted up! I desire today to know You, not just know about You. I make it my mission to come before You every day, asking for Your strength and wisdom, longing to come into true fellowship with You. Help me to not just ramble on and dump a list of requests in Your lap but may I take the time to listen to Your voice. Your Word declares that Your sheep KNOW Your voice and another they will not follow. Thank you for the opportunities afforded me every single day to truly come into meaningful, life-giving relationship with You, the only One who has sacrificed His life for me that I might not just live but live abundantly. Thank You, Jesus, Amen.

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# JANUARY 21

## Scripture Reading

*Psalm 119:97-103*

97 Oh, how I love your instructions! I think about them all day long.  
98 Your commands make me wiser than my enemies, for they are my constant guide.  
99 Yes, I have more insight than my teachers, for I am always thinking of your laws.  
100 I am even wiser than my elders, for I have kept your commandments.  
101 I have refused to walk on any evil path, so that I may remain obedient to your word.  
102 I haven't turned away from your regulations, for you have taught me well.  
103 How sweet your words taste to me; they are sweeter than honey.

## Today's Focus: The Word

Immersing ourselves daily in the Word of God is as necessary for the spiritual man as food and water are for the physical. Martin Luther said it well, “The Bible is alive; it speaks to me. It has feet; it runs after me. It has hands; it lays hold of me!” Ask God today to give you a love for His Word, to breathe a deep desire to embrace it, inhale it and apply it to every area of your life.

## Prayer

Lord, You declare that the Word of God is powerful, sharper than any two-edged sword and able to pierce my heart. Why, then, do I neglect to make time for the studying of the most powerful book in my home? Life is there, strength is readily available, encouragement, wisdom, direction, comfort and on and on. I need a love for the Word, a love for the instruction manual You have left for us. In it are the answers to ALL of life's problems and the keys to eternal life! Help me to realize I need it as much as the air I breathe and the water I consume. I must have it; I must crave it if I am to be effective in this world and to be ready to meet You in the next. In Your Name I pray, Amen.

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# JANUARY 22

## Scripture Reading

*Psalm 51:7-10*

7 Purify me from my sins, and I will be clean; wash me, and I will be whiter than snow.

8 Oh, give me back my joy again; you have broken me—now let me rejoice.

9 Don't keep looking at my sins. Remove the stain of my guilt.

10 Create in me a clean heart, O God. Renew a loyal spirit within me.

## Today's Focus: Praying His Word

One of the most powerful things you can do while praying and fasting is to pray the scriptures. Daniel's prayer in the 51st Psalm is a great example of how to do that. Just apply a Psalm, or another example of a prayer in the Bible, to your own life, even inserting your own name or just pray in the first person. It is powerful! God will bring things to your mind as you pray the prayer of another and catapult you into deep prayer and praise.

## Prayer

Oh God, Everlasting Father, I ask You today to create in me a clean heart and renew a right spirit in me. Cast me not away from Your presence; and take not Your holy spirit from me. Restore unto me the joy of Your salvation; hold me up with Your free spirit. O Lord, open my lips; and my mouth will give You praise! You have searched me and You know me. You know when I sit and when I rise; you perceive my thoughts from far away. You hem me in—behind and before; You have laid Your hand upon me. Such knowledge is too wonderful for me, too lofty for me to attain! Search me O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. Amen. *(Based on Psalm 51 & 139)*

## NOTES

# JANUARY 23

## Scripture Reading

### *Daniel 10:7-12*

7 Only I, Daniel, saw this vision. The men with me saw nothing, but they were suddenly terrified and ran away to hide.

8 So I was left there all alone to see this amazing vision. My strength left me, my face grew deathly pale, and I felt very weak.

9 Then I heard the man speak, and when I heard the sound of his voice, I fainted and lay there with my face to the ground.

10 Just then a hand touched me and lifted me, still trembling, to my hands and knees.

11 And the man said to me, “Daniel, you are very precious to God, so listen carefully to what I have to say to you. Stand up, for I have been sent to you.” When he said this to me, I stood up, still trembling.

12 Then he said, “Don’t be afraid, Daniel. Since the first day you began to pray for understanding and to humble yourself before your God, your request has been heard in heaven. I have come in answer to your prayer.

## Today's Focus: Warfare Prayers

When the angel came to David to strengthen him and answer his prayers he told him that his prayer was heard the FIRST DAY but he was engaged in spiritual warfare to get to him. You may not see the answers to your prayers right away, but rest in the knowledge that God is working all things for your ultimate good.

## Prayer

Jesus, the Word declares that we don’t wrestle against flesh and blood, or people. We are really wrestling with the enemy of our souls. The Word of God is our Sword, we fight, we win, by declaring Your Word. Because You have overcome the world, we can do the same when we humble ourselves in prayer and fasting. No weapon formed against me shall prosper! You fight for me, and I have read the back of The Book...we win! Thank You for victory today, remind me throughout the day that the battle belongs to You and You are more than victorious. I love and appreciate You today, Lord, and every day, for all that You have given me to live an overcoming life. In Your Name, Amen.

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# JANUARY 24

## Scripture Reading

*Mark 16:15-16*

15 And then he told them, “Go into all the world and preach the Good News to everyone.

16 Anyone who believes and is baptized will be saved. But anyone who refuses to believe will be condemned.

## Today's Focus: The Good News

We begin our third week of prayers for the Daniel Fast with a focus on the GOOD NEWS, the Gospel. Do you ever wonder what your purpose is here on this earth? Some of the last words of Jesus before ascension were to go.

Go where? Go into all the world and preach the Gospel. The Gospel is simply the Good News that Jesus died, was buried and rose again to conquer hell and the grave. He offers eternal life through faith in His Name! It is our responsibility; it was a command to all of us, to share this Good News with others.

## Prayer

Dear Jesus, thank You for Your love that is everlasting. I cling to the promise that You will never leave me nor forsake me. Help me today to be aware of those around me who do not know You, who may be in a desperate place in their lives and need to hear that God still cares. In everything I do or say, may my light shine as a reflection of Your love and mercy so that someone can come to know You in spirit and in truth. My testimony is a great witness that You are alive and still performing miracles today. I pray I can play a small part in leading another to the foot of the cross that their life may forever be changed. In Your matchless Name, Amen.

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# JANUARY 25

## Scripture Reading

*2 Chronicles 7:13-14*

13 At times I might shut up the heavens so that no rain falls, or command grasshoppers to devour your crops, or send plagues among you.

14 Then if my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land.

## Today's Focus: God's Intervention

The Book of 2 Chronicles is the location of one of the more famous prayers in the Bible. It is a Word from the Lord to His people, instructing them that if they would pray, He would hear and answer. The good news is that the prayer still applies today and so does His promise to answer. Now, more than ever, our nation, our world, needs God's intervention...so let us continue to pray!

## Prayer

Dear Lord, we are desperate for revival in our nation and around the world. I pray for my eyes to be opened so that I can see what You see in order to be effective in these last days. I pray for our world leaders, protect them from those that wish them harm. I pray we would always protect Your people, the nation of Israel, and ask God to give us favor as we support them. Remind us of what our nation could be again if we put You first and ask Your blessing on every part of our lives. Each day is precious, help me not to be so involved in meaningless things that I forget that I am a part of something so much bigger and I know the One in control. Thank you for spiritual insight as I draw closer to You, in Your Precious Name, Amen.

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# JANUARY 26

## Scripture Reading

*Acts 2:1-4*

- 1 On the day of Pentecost all the believers were meeting together in one place.
- 2 Suddenly, there was a sound from heaven like the roaring of a mighty windstorm, and it filled the house where they were sitting.
- 3 Then, what looked like flames or tongues of fire appeared and settled on each of them.
- 4 And everyone present was filled with the Holy Spirit and began speaking in other languages, as the Holy Spirit gave them this ability.

## Today's Focus: Waiting on God

Are you tired of waiting, weary, downcast and maybe doubting that God even hears your prayers? Waiting is difficult, but God gives us an example in His Word of a group of people who were told to go...and to wait (Acts 2). They were likely full of questions, but they went anyway, waited, and were rewarded with a tremendous outpouring of His Spirit!

## Prayer

Lord Jesus, I know Your promises are true, every Word You have spoken has always come true and that will never change. Those who waited in the Upper Room in the Book of Acts had no idea that a mighty rushing wind was on the way, and it would be world changing. May I be expecting, believing, and trusting that my prayers, my world, can also be so impacted that I will never be the same. Help me to have unity with other believers. Fill me with Your Spirit. Give me patience as you fulfill Your purpose for my life. I trust the process; I trust You in the waiting. Amen.

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# JANUARY 27

## Scripture Reading

*John 3:30-31*

30 He must become greater and greater, and I must become less and less.

31 “He has come from above and is greater than anyone else. We are of the earth, and we speak of earthly things, but he has come from heaven and is greater than anyone else.”

## Today's Focus: Less of Me

You're coming close to the end of your three-week Daniel Fast and your heart is likely crying out, “Less of me, more of Thee, O Lord!”

How do we reflect that hunger into our daily lives? We keep doing what we are doing. A day, a meal, sometimes maybe fasting from certain *things* instead of food. But we make it, and prayer, the most important things in our lives.

What can you decrease in your life so that He may increase? Social media, news, movies... or something else? Ask God to show you.

## Prayer

God, I pray today that You would remind me of the power of prayer and fasting and not to put it aside when these three weeks are ended. THIS (world, life, things, circumstances) is not about me. May my prayer continually be “Less of me, more of Thee!” I am such a small part of a much, much bigger picture and yet You can use someone like me when I truly get ME out of the way. You lead, Lord. Love through me and refresh my memory when I forget that You can see down the road and I cannot. My vision is limited but Yours is limitless. You must increase, I must decrease. In Jesus’ Name, Amen.

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# JANUARY 28

## Scripture Reading

*Philippians 4:4-8*

- 4 Always be full of joy in the Lord. I say it again—rejoice!
- 5 Let everyone see that you are considerate in all you do. Remember, the Lord is coming soon.
- 6 Don't worry about anything; instead, pray about everything. Tell God what you need and thank him for all he has done.
- 7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.
- 8 And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

## Today's Focus: No Room For Fear

Have you ever been so fearful that you didn't know where to turn? Wringing your hands, pacing the floor kind of fear? Every child of God has some sort of area in their lives that they might struggle with and fear is a big tool of the enemy. Being fearful doesn't mean we don't trust God, but if we hang on to that fear, we dig ourselves deeper and deeper into a pit that is difficult to get out of.

## Prayer

I pray Your Word today, Lord: When I am afraid, I will trust in You! (Psalm 56:3) You are on my side; I will not fear; what can man do unto me? (Psalm 118:6) You have not given me a spirit of fear; but of power, and of love, and of a sound mind. (2 Timothy 1:7) You are my helper, and I will not fear what man shall do unto me. (Hebrews 13:6) Your Word encourages me to trust You, I will not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, I present my request to You. Then peace which passes all understanding will keep my heart and mind. (Philippians 4:6-7) Amen.

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# JANUARY 29

## Scripture Reading

*John 13:34-35*

34 So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other.

35 Your love for one another will prove to the world that you are my disciples.”

## **Today's Focus: Showing Love**

The Bible talks quite a bit about judgmentalism. If you are quick to point out a speck in your brother's eye, be careful of the beam protruding from your own! The world is hungry for someone to love them; they have plenty who will judge. We must stop pointing out their faults and instead point them to Jesus. He knows their heart. We should be known by our love towards one another.

## Prayer

Lord, thank You for loving me unconditionally; for if You only loved the good in me I would surely be close to unlovable! The world is hungry for love, for love without strings attached. They see enough backstabbing and finger pointing, Lord, may I be different than what they are used to and may they want to know why. Time spent with you will make me a conduit of Your great power. It is only because of Your mercy that I am able to love and to offer it freely. I pray others will want to know this Christ in me, the hope of glory! In Jesus' Name, Amen.

## NOTES

# JANUARY 30

## Scripture Reading

*Luke 10:25-28*

25 One day an expert in religious law stood up to test Jesus by asking him this question: “Teacher, what should I do to inherit eternal life?”

26 Jesus replied, “What does the law of Moses say? How do you read it?”

27 The man answered, “‘You must love the Lord your God with all your heart, all your soul, all your strength, and all your mind.’ And, ‘Love your neighbor as yourself.’”

28 “Right!” Jesus told him. “Do this and you will live!”

## Today's Focus: Syncing Hearts

We've come to the end of the prayers for the Daniel Fast and have discovered that it isn't about changing the mind of God, it's about changing your heart and getting in sync with His. He heard your prayer on the FIRST day of these prayers for the Daniel Fast, and He has been with you ever since. Even when you aren't aware, He is working. As the song says, “Even when I don't see it, You're working, even when I don't feel it, You're working!” If we are faithful, He is faithful. If we are not faithful and we stumble? He is still faithful! End today's devotion with praise.

## Prayer

Jesus, I can't thank You enough for all You've done for me the last few weeks. I know it was Your strength that helped me to press on even when I felt like giving up. Surely, Lord, there are times in my weakened condition I feel as if You may be far away but remind me that You are an ever present help in time of need! Even when I feel like my prayer hasn't left this earth, may I remember prayers You've answered in time past. Help me to go the Word and be flooded with wonderful reminders of Your faithfulness! I cannot live on feelings, Lord, nor do I want to. I walk by faith, I live by faith, in You alone I trust and depend. I trust Your redemptive work in my life. You want what is best for me. Amen.

## NOTES

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